

*Get the best out of your medicines*

Ask your pharmacist about a  
**MedsCheck or Diabetes MedsCheck**

For further information visit: [www.5cpa.com.au](http://www.5cpa.com.au)

**Do your  
medicines  
need a  
check up**



Australian Government  
Department of Health and Ageing



The Pharmacy  
Guild of Australia

MedsCheck and Diabetes MedsCheck are funded by the Australian Government as part of the Fifth Community Pharmacy Agreement.

***Get the best out of your medicines.***

# MedsCheck and Diabetes MedsCheck

Would you or someone you care for benefit from a MedsCheck? ... Take the test ✓

## Are your medicines working for you?

Every year, up to 210,000 Australians are admitted to hospital due to medication problems. At least 50% of these admissions could be avoided by better medicine management.

A MedsCheck or Diabetes MedsCheck will help you understand your medicines and stay out of hospital.

## What is a MedsCheck?

A MedsCheck and Diabetes MedsCheck is a service funded by the Australian Government and involves one-on-one time with your pharmacist, in the pharmacy to discuss all your medicines. There is no cost to the consumer to receive either a MedsCheck or Diabetes MedsCheck service.

By working together, you and your pharmacist will ensure you are getting the most out of your medicines.

## Why have a MedsCheck?

A MedsCheck or Diabetes MedsCheck will help you better manage your medicines. It will help:

- ✓ Increase your knowledge about your medicines;
- ✓ Increase your confidence in using your medicines; and
- ✓ Reduce your risk of an avoidable trip to hospital.



Ask your pharmacist if a MedsCheck or Diabetes MedsCheck is right for you.



## Many different people are helped by a MedsCheck:

- Are you from a non-English speaking background?
- Do you have dexterity, vision or hearing problems?
- Do you live by yourself and/or do not have access to social support?
- Do you have diabetes?
- Do you have a chronic condition such as asthma or emphysema?
- Do you have a mental health condition?
- Do you have a heart condition?

## Tick the boxes that apply:

- Have you recently been discharged from hospital?
- Are you taking several medicines? (including supermarket or herbal medicines)
- Have you had recent changes to your medicines?
- Do your medicines need monitoring? (e.g. blood thinning medicines)
- Do any of your medicines make you feel unwell?
- Do you use devices to assist with medication management such as monitoring blood glucose or a nebuliser?
- Do you attend more than one doctor including general practitioners and specialists?
- Are you sometimes unsure about which medicines you should be taking?
- Would you like to be more confident about understanding your medicines?

If you have ticked one or more of the above boxes, you may benefit from a MedsCheck or Diabetes MedsCheck.